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WHAT I CAN LEARN IN Preschool

FINE MOTOR
- [ ] HOW TO USE SCISSORS
- [ ] HOW TO USE GLUE & PAPER
- [ ] DRAWING & PAINTING
- [ ] STACKING & BUILDING
- [ ] PINCER GRIP
- [ ] BUTTONS & ZIPPERS
- [ ] TURNING & ROTATING

GROSS MOTOR
- [ ] BALANCING
- [ ] BALL
- [ ] RIDE A TRICYCLE
- [ ] FLEXIBILITY

PERSONAL
- [ ] FAMILY INFO
- [ ] KNOW NAME, AGE, GENDER
- [ ] WRITE NAME
- [ ] SELF LOVE & CARE
- [ ] DRESSING
- [ ] DIFFERENTIATE LEFT & RIGHT
- [ ] ADDRESS AND PHONE
- [ ] UNDERSTAND EMOTIONS
- [ ] FIND THINGS & CLEANUP

ALPHABETS
- [ ] LOWERCASE AND UPPERCASE
- [ ] LETTER SOUNDS
- [ ] LOWER AND UPPERCASE PAIRING

MATH
- [ ] NUMBERS & COUNTING
- [ ] MATCHING
- [ ] SHAPES
- [ ] SIMPLE PATTERNS
- [ ] POSITIONAL WORDS
- [ ] COINS AND MONEY
- [ ] SIMPLE ADD AND SUBTRACT

READING
- [ ] RHYMES
- [ ] IDENTIFYING VOWELS
- [ ] VOWEL SOUNDS
- [ ] BEGINNING SOUNDS
- [ ] ENDING SOUNDS
- [ ] SIGHT WORDS

WRITING
- [ ] ALPHABET, NUMBER, SHAPES TRACING
- [ ] ALPHABETS A - Z
- [ ] NUMBERS 1 - 10
- [ ] SIGHT WORDS
- [ ] BEGINNING LETTER FORMATION



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COGNITIVE
- [ ] COLORS
- [ ] QUESTIONING
- [ ] PROBLEM SOLVING
- [ ] MEMORY
- [ ] CLASSIFICATION OF OBJECTS

MUSIC
- [ ] DIFFERENT SOUNDS
- [ ] INSTRUMENTS
- [ ] SINGING IN UNISON
- [ ] FAST & SLOW TEMPO
- [ ] HIGH & LOW PITCH
- [ ] SIMPLE RHYTHM & BEAT

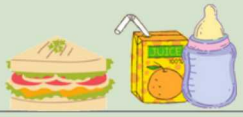
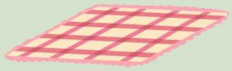
CALENDAR
- [ ] WEATHER
- [ ] DAYS & MONTHS
- [ ] SEASONS
- [ ] TIME (MORNING, AFTERNOON & NIGHT)
- [ ] CONTEXT OF TODAY, YESTERDAY, TOMORROW
- [ ] UNDERSTAND BEFORE, AFTER, NOW, SOON AND LATER

CHARACTER
- [ ] SOCIAL SKILLS
- [ ] ATTENTION SPAN
- [ ] SHARING
- [ ] GOOD HABITS
- [ ] SELF CONTROL

PRESCHOOL CHECKLIST

DATE

THINGS TO BRING . . .

- [ ] Backpack 
- [ ] Diapers, tissue paper, wipes, cream 
- [ ] Lunch, snacks, milk or juice (unless school provides) 
- [ ] Raincoat or outerwear/sweater 
- [ ] Nap time essentials (blanket) 
- [ ] Spill proof water bottle 
- [ ] Extra set of clothes and underwear (if child is potty trained) 
- [ ] Art supplies (if school doesn't supply) 
- [ ] Sunscreen 
- [ ] Medication 
- [ ] Indoor shoes 
- [ ] Favourite Toy or comfort toy 
- [ ] Extra mask 
- [ ] Mosquito Repellent 
- [ ] Hat or sunglasses for outdoor activities 

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DAILY SCHEDULE

DATE

TODAY'S SCHEDULE

6-7 AM	
7-8 AM	
8-9 AM	
9-10 AM	
10-11 AM	
11-12 AM	
12-1 PM	
1-2 PM	
2-3 PM	
3-4 PM	
4-5 PM	
5-6 PM	
6-7 PM	
7-8 PM	
8-9 PM	
9-10 PM	

LESSSON PLAN

- [ ]
- [ ]
- [ ]
- [ ]

TO DO LIST..

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

MEAL PLANS

NOTE..

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DAILY JOURNAL



DATE: / /

SUN MON TUE WED THU FRI SAT

HAPPINESS LEVEL

Draw or write about something that you did today!





REWARD CHART

NAME:

START











FINISH



PRIZE:

My name is

I am years old.

This is me!

These are my favorite things:

Draw or write them down!

COLOR:	ANIMAL:	FOOD:	BOOK:

One thing I don't like is . . .

A word that describes me . . .

When I grow up I want to be . . .

This is my family!

Draw your family here!

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